

Diocese of Sioux City Office of Youth & Young Adult Ministry Youth Ministry News



March 2006

What's Out There...

From Jessica La Fleur, Director



The reading for Friday, March 17 (St. Patrick's Day) is from Genesis 7, the story of Noah and the ark. My *Daily Prayer 2006* book (Published by Liturgical Training Publications) offers a fun but interesting reflection about Lent's

abstinence from meat. "What if one of them had a sudden urge for a hamburger? It would have meant the end of cattle, forever." While I may have chuckled a bit, it offers great insight. What am I willing to sacrifice for a little craving? If I give in today, what will I lose tomorrow?

Last month's Effective Practices Workshop in Storm Lake gave us all some food for thought, and we are all challenged, no matter how comfortable we are in our ministry, to work to make our ministry better; to further the mission of the Gospel. There will be another workshop, Parish Leadership Day, which will be for all those who work with volunteers in ministry.

There is also a young adult gathering on March 22 in Sioux City. Young adults are, not just those who are single or those who are in college, but ALL those in their 20s and 30s. Please invite those in that age group to attend this event. It is my goal to have one of these events in each deanery in the next year.

Contact Information

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CL.I: Christian Leadership Institute

The news is out! The Christian Leadership Institute, sponsored by the Iowa Catholic Conference, is back again! This is an awesome week where youth and adults learn leadership skills and have fun. It is a great way for youth and adults to get excited about their faith and youth ministry. Check out the enclosed flier for more information!

High School Youth Rally

The annual high school diocesan youth rally will be held on Sunday, October 29, 2006 at Gehlen High School in Le Mars. While the rally will be held at Gehlen, it will be the responsibility of all parishes to help in the planning and carrying out of this wonderful and awesome event. If you are interested in being on the planning team, let Jessica know, as meetings will start in April. The theme will follow that of the NFCYM National Youth Day for that day, "Catholic to the Core!"

World Youth Day 2008

Mark your calendars today! Pope Benedict XVI has announced that the next World Youth Day will be held in Sydney, Australia in July 2008 (14-20 July). The theme is "You will receive power when the Holy Spirit has come upon you; and you will be my witnesses." (*Acts 1:8*) There will be a diocesan group attending, so start your fundraising and recruiting today!! Check out the following website for more information on the pilgrimage to come!
www.worldyouthday.com.au

Middle School Youth Rally

Are you interested in helping with a diocesan middle school youth rally for next fall? If so, contact Jessica to be on the planning team! Both adults and youth are invited to be on the planning team.

YM Conference for Adults!!

The National Conference for Catholic Youth Ministry (NCCYM) will be held November 30-December 3 in Las Vegas, Nevada! This conference offers a WIDE variety of workshops for adults who work with youth. No matter the form of youth ministry in your parish, this conference will offer you GREAT ideas. Presenters for workshops are nationally known and are absolutely outstanding. Cost for this conference is fairly reasonable, so plan your for this in your budget for next year! Check out nfcym.org or call the Diocesan Youth Ministry Office for more details.

Youth Ministry Certificate

To strengthen youth ministry within the Diocese of Sioux City, it is suggested that coordinators of youth ministry receive certification in youth ministry. One way to do this is through the Center for Ministry Development.

The program:

- ⇒ Equips leaders with the knowledge, skills, practical tools, and techniques needed for creative and comprehensive ministry with youth in parish and Catholic school settings
- ⇒ Nurtures the personal, spiritual, and ministerial growth of leaders for ministry in today's Church
- ⇒ Develops the confidence, competence, and credibility of leaders for effective ministry with youth

The Diocesan Office of Youth & Young Adult Ministry has information about this program. Feel free to call for more details.

Youth Ministry Resource: Catholic to the CORE

The National Federation for Catholic Youth Ministry (NFCYM) publishes a resource manual for youth ministry every year. This manual has numerous activities, prayer services, and catechesis session based on a theme, and this year's theme is Catholic to the Core. If you are interested in receiving a copy of this resource, you can order one online at www.nfcym.org and click on "Resources" and then "Youth Ministry Resource Manual." You can also call 202-636-3825. The website also has some supplementary materials using this theme.

Photo Release

It is suggested by the Diocesan Office of Youth Ministry to have a permission or a release form for photographs to be taken of minors. This does not need to be a separate form, but instead can be an added note onto the general medical release and permission form. For events where this is not used, it is suggested that a statement be made during advertisement. A sample statement is:

Photo Release: Pictures of my child taken during the event may be used in print or electronic media for the purposes of publicity for future events, unless I indicate to the Youth Ministry Director in writing to the contrary.

Ideas & Resources

- ⇒ *The Catholic Faith Handbook for Youth*, St. Mary's Press
- ⇒ *Jump Starters*, Group Publishing
- ⇒ *Group Magazine*, Group Publishing
- ⇒ *Prayers with Pizzazz for Junior High Teens*, St. Mary's Press
- ⇒ www.sacredspace.ie is an awesome online daily prayer experience by the Irish Jesuits.

Diocesan Calendar

March

20 5:30 pm CAYOCA Board Meeting
22 6:30 pm Young Adult Gathering

April

2-3 Ron Rolheiser Workshop
4 6:00 pm Search/Discover Retreat
Board Meeting
10 1:00 pm Chrism Mass
16 Easter Sunday
29 CAYOCA Leadership Day

May

8 Parish Leadership Day
8-9 May Retreat
14 Mother's Day
26-29 CAYOCA Service Camp

TLC Summer Camp Staff

Twin Lakes Christian Center near Manson, Iowa, is looking for college aged young adults to work on the summer staff. As a staff member, you will have the opportunity to serve God, have fun, and spend your summer with friends. If you or someone you know is interested, please contact Steve Wetzel, Director of Guest Services & Operations at 712.297.7714. There are information fliers in the diocesan Office of Youth & Young Adult Ministry as well.

Diocesan Core Team

Jessica La Fleur	Diocese	Sioux City
Ashley Bennett	St. Margaret	Rolfe
Brigitte Boever	Sacred Heart	Spencer
Ashley Evans	St. Mary	Remsen
Justine LaBruzzo	Sacred Heart	Fort Dodge
Ashley Langel	St. Michael	Kingsley
Heather Schneider	St. Mary	Alton
Gineal Schrunk	St. Mary	Spirit Lake

Service Ideas

Catholic Relief Services

CRS offers many opportunities for youth to experience and learn about poverty, being guided by the message of the Gospel. Not only are they connected to "Operation Rice Bowl," but they also have a FOOD FAST program. Furthermore, they offer a Fair Trade Chocolate Program, where youth can sell fair trade chocolate to raise money and awareness. For more information contact Catholic Relief Services at www.crs.org or 800.736.3467.

30 Hour Famine/World Vision

This program started 14 years ago to help youth deepen their understanding of the message of Christ and to offer an opportunity to walk in His footsteps. In doing so, they help those who are less fortunate. Materials for this program are FREE, which includes a Leader's Guide, educational materials, program DVDS, a poster, and more. If you are interested, you can check out the website 30hourfamine.org or call 800.7.FAMINE.

Share Your Ideas With Us!!

If you have a great resource, a good website, or held a great youth gathering, let us know here. E-mail or call 712.233.7561 or Jessical@scdiocese.org.

Add Your Friends to Our List

If you know of anyone who would be interested in receiving this newsletter via email, please have them send an email to Jessica at Jessical@scdiocese.org.

What's on Your Mind?

A Gathering of Catholic Young Adults

Not sure how you fit into the Catholic Church as a young adult in your twenties and thirties? How can you contribute to your parish as a member of a unique age group? What would you like to see in your Church?

Come and share the concerns and issues you would like to see your parish and our diocese address regarding young adults. Go home with a sense of community knowing that your Catholic Church supports you.

Wednesday, March 22, 2006
6:30-8:30 pm
Blessed Sacrament Parish Center
3012 Jackson Street, Sioux City

**We will have music, prayer,
discussion, and social**

For more information, contact Jessica La Fleur, Director of Youth & Young Adult Ministry for the Catholic Diocese of Sioux City at 712-233-7561

As a body is one though it has many parts, and all the parts of the body, though many are one body, so also is Christ.
1 Corinthians 12: 12

- Parish Leadership Day** is an opportunity to gather with others in the diocese who have similar leadership roles, including:
- Pastors
 - School Teachers
 - Youth Ministry Coordinators
 - DREs
 - Anyone who needs volunteers to help in ministry

Registration Information:

Registration Deadline is Wednesday, April 19.

Complete the registration below & send with \$25.00 to:

Office of Youth & Young Adult Ministry
 PO Box 3379
 Sioux City, IA 51102

Make checks payable to the Diocese of Sioux City

Name _____

Address _____

City/State/Zip _____

Parish & Town _____

Ministry Role _____

E-mail _____

Phone _____

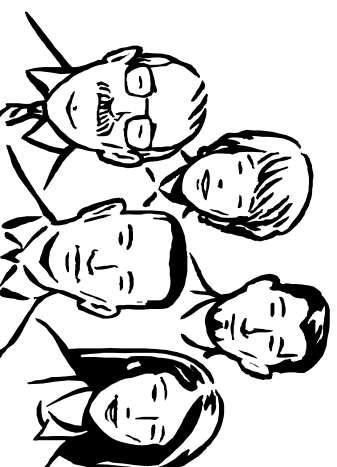
Come One, Come All!

The Offices of Youth & Young Adult
 Ministry and Catechesis

Parish Leadership Day

Monday, May 8, 2006
 9:30 am-4:00 pm

At Camp Okoboji in "Bat's Roost"



Brought to you by the
**Center for Ministry
 Development**
 Paid in part by
 Centennial Campaign
 Funds

Parishes everywhere struggle with a similar problem, namely, how do we get volunteers to help with parish ministries?

This workshop will give practical and specific help to assist your parish create a leadership system that will not only support the ministries, but also have the capacity to breathe life into your parish, turning more of the “pew sitters” into “pillars” of your community. This

Leadership Day focuses on the skills and techniques needed to create and sustain a leadership system for the parish or a specific ministry.

Retreat Opportunity

Following the **Leadership Day**, participants will have the opportunity to stay at “Bat’s Roost” for the annual **Spring Retreat, Living Like Francis Today** with Marci Blum, OSF as the retreat leader. While the retreat is sponsored by the same offices as the Leadership Day, the retreat and Leadership Day **are not** directly connected. Feel free to participate in one, the other, or both!

However, please note that you will need to register for both separately.

Directions to Camp Okoboji

Camp Okoboji is on the Southwest side of West Lake Okoboji. Take Highway 86 South off Highway 9 or Highway 86 North off Highway 71. Turn East (toward the lake) at the road that leads to Crescent Beach. The Camp Okoboji entrance is on your right (South) immediately before the Crescent Beach entrance. We will be meeting in Bat’s Roost. Camp Okoboji Phone: 712.337.3325.

Topics include:

- Developing and communicating an empowering mindset for youth ministry
- Utilizing tools for helping adult leaders discover/discern their gifts and be supported as they minister
- Developing role descriptions that excite and connect people’s gifts to ministry needs
- Utilizing strategies for inviting, preparing, and nurturing adults in ministry

Workshop Presenter

Ann Marie Eckert is a coordinator of youth ministry services for the Center for Ministry Development. She is the author of *Ministry Resources for Community Life* and *Ministry Resources for Youth Leadership Development* in the Total Youth Ministry series. Ann



Marie previously held the position of associate director for youth and young adult ministry in the Archdiocese of Milwaukee, and assistant director of the Youth Department in the Diocese of Buffalo. She holds a Master of Arts in Pastoral Ministry from Christ the King Seminary in Buffalo.

Ann Marie presented at the Effective Practices in Youth Ministry Workshop earlier this year at BVU in Storm Lake for the Diocese of Sioux City.

What Teens Say About CLI

"CLI was one of the most fun things I have ever done in my life! I'm so glad I went. I made tons of new friends and I learned things about myself that I never would have learned if I hadn't gone."

-Maye Caslavka

"CLI was an amazing experience. Going into it I had no idea what I was getting myself into... but I came out with bunches of new friends, awesome confidence, and a whole lot of knowledge on leadership. I would recommend this camp to ANYONE. It was an amazing week, and I am truly glad that I got the chance to be there."

-Emily Bormann

"CLI was one of the best weeks that I have ever experienced. I went to it, not really knowing what to expect. It was awesome to see so many people that believe the same things that I do. Everyone is so nice there, and you don't have to worry about what people are going to think, you can be your total self and people will accept you for who you are. I definitely recommend going to this camp --it was a blessing to be there! My only regret is that, for the first couple of days, I was holding back (because I'm more on the shy side), and I really didn't start to open up until the week was close to an end. I wish that I could have gone back to the beginning of the week, so I could have started opening up then! But, I still learned so much from this experience, and I am so glad that I got the opportunity to go."

-Lizzie Wunder

Diocese of Sioux City

Office of Youth and Young Adult Ministry

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2006

Christian Leadership Institute

Institute

Want More Info? Contact Your Office of Youth Ministry

Diocese of Davenport
Office of Pastoral Services
2706 N. Gaines St
Davenport, IA 52804-1998
563-324-1911
finan@davenportdiocese.org
www.davenportyouth.org

Archdiocese of Dubuque Office of Youth/Young Adult Ministry

1229 Mt. Loretta
Dubuque, IA 52003
563-556-2580
dbqcyam@arch.pvt.k12.ia.us
www.arch.pvt.k12.ia.us/YAC/yachome.html

Diocese of Des Moines Office of Youth Ministry

6177 Panorama Rd.
Panora, IA 50216
515-309-1936
terry@stmcenter.com
www.stmcenter.com



July 16-21, 2006 July 23-28, 2006

Sponsored by the Iowa
Catholic Conference

What is the Christian Leadership Institute?

The Christian Leadership Institute or CLI is a week-long training event designed to teach young people the skills necessary for effective leadership with other youth and adults in a parish or school youth ministry setting. CLI offers an opportunity for leadership development through an intense period of learning and community living. The program is an in-depth experience of skills development in the areas of organization, communication, and motivation, as well as personal growth which enables each young person to discover his or her own leadership style.

Who Should Go to CLI?

- ◆ *Young people ages 15-18, who are preparing to enter at least their sophomore year of high school.* Each candidate should be either currently involved with or beginning a leadership role in a parish, school, or diocese.
- ◆ *Adult Youth Ministers, parish pastoral and school personnel.* CLI is a highly valuable learning experience for the adult. Adults are expected to be present for the entire week and participate fully in the CLI Process.

What Else Should I Know?

- ◆ There are 72 participants per session.
- ◆ Registration is a first come first serve basis.
- ◆ Registration will not be taken over the phone.
- ◆ Registrations for the 1st week must be postmarked by June 15th, 2006. Week 2 by June 30th.
- ◆ Cost is \$210.00 (includes Room, Board, Materials, and Tuition)
- ◆ Non-refundable \$75.00 deposit due with registration.
- ◆ Balance should be paid two weeks prior to your week. Failure to do so means you forfeit your spot.

After the registration, each candidate will receive a packet with a confirmation letter, medical release form, packing list and any other necessary information.

Where Is CLI?

Des Moines Y Camp
1192 166th Drive
Boone, IA 50036

If you need directions to the YMCA camp please contact your Diocesan Director or go to Mapquest.com for detailed directions.

Components of CLI

Skill Workshops:

Each day includes a large group workshop on one of these leadership skills.

- * Leadership Styles
- * Communication
- * Planning
- * Group Dynamics
- * Consensus Seeking

Support Groups

Throughout the week, CLI provides an opportunity for participants to practice these new skills by working in small groups. The small group is also a place to share insights on special topics such as:

- * Prayer
- * Decision Making
- * Call to Ministry
- * Youth Ministry
- * Affirmation

Prayer, Worship and Social Time

Each day there is time for recreation and relaxation, prayer and the Eucharist, and getting to know other youth throughout the state of Iowa.

Group Registration:

If a group is registering from the same school or parish, or under the leadership of one youth minister, the registration forms should be sent together.

Maximum of seven youth from one parish or school will be accepted per CLI session. If seven students are registering from one area, we request that at least one adult from that area also be a participant. Contact your local diocesan office for team training information.

CLI Registration Form

Name _____
Address _____
City/State/Zip _____
Phone _____
Email Address _____
Male _____ Female _____ Birth date ____ / ____ / ____
Class of (circle one) 06 07 08 09 Adult
School Name _____
Parish Name _____
City/State/Zip _____
Diocese _____
Youth Minister or DRE _____
I wish to attend CLI:
_____ Week 1 (July 16-21) _____ Week 2 (July 23-28)
Enclosed is:
_____ \$75.00 Non-refundable deposit
_____ \$210.00 Full Fee _____ Other (amount: \$ _____)

Photo Release: Pictures of my child taken during the event may be used in print or electronic media for the purposes of publicity for future events, unless I indicate to my Diocesan Youth Ministry Director in writing to the contrary.

Please send this registration form and make check out to:

Office of Youth/Young Adult Ministry,
Archdiocese of Dubuque
1229 Mt. Loretta
Dubuque, IA 52003

CLI Registration Deadlines:

Week 1: June 15, 2006 Week 2: June 30, 2006